

OMS Youth Swimming Lesson Safety Plan

Participation:

- Participation is 100 % optional.
- If the Owatonna School District must go to every day long distance learning due to an outbreak, we will not have access to school facilities. Class time lost during this time will not be made up and no refunds will be issued for missed time of the program or cancellation.

Arrival:

- Participants should not arrive more than 10 minutes before class and may not enter until instructor is located outside entrance.
- Participants should enter and leave the pool area in a timely fashion and not congregate.
- Participants should not enter pool area until the pervious classes have exited the area.
- There is no one allowed in Facilities beside instructor and registered participants. No one including parents/guardians, family, etc. will be allowed inside the building.
- Any Instructor/participant not feeling well, has any symptoms of fever, cough, sore throat, shortness of breath, or close contact, or cared for someone with COVID-19 or is running a temperature higher than 100.3, may not participate.
- Only participants registered and with a signed wavier may participate.
- A mask is required to be worn when entering/exiting the building and when in the pool area. Masks are prohibited in the pool itself.
- Bathrooms are only to be used in emergencies. Locker rooms will not be available for use.
- Participants must come dressed in swimwear under their clothing and leave belongings on the bench in the pool area.
- Participants are required to use on deck portable showers before entering the pool water.

Social Distancing:

- Participants will be responsible for bringing their own hand sanitizer, water bottles, swimwear, goggles, and towels.
- All athletes must maintain six feet distance, whenever possible, from any other person.
- Participants should always refrain from touching their face.
- No touch rule-Instructors and participants must refrain from high-fives, handshakes, and any other physical contact.
- Wearing of face coverings, when not actively participating is required except when in the water. Instructors must always wear masks inside facility except when in the water for demonstrations.
- If a participant becomes sick during class, then the class is done for the day.
- Program will consist of no more than 25 participants/instructors per pool. Class sizes will be split into no more than 6 kids per pod with 1 instructor.
- There should be no spitting or chewing of gum.

Equipment

- Participants must supply their own clothing (swimwear, goggles and towel).
- Kick boards will be sanitized by instructors after every class.

- Participant's water and personal equipment should not be shared, and should be placed at least 6 feet apart to ensure breaks are also properly distanced.
- Hand sanitizer should be used by each participant before and after each class, supplied by the participant.

Departure:

- Participants should leave in a timely fashion once class is complete.
- Participants cannot congregate at the end of class; they must leave promptly.
- A mask is required to be worn when entering/exiting the building and when in the pool area. Masks are prohibited in the pool itself.
- Bathrooms are only to be used in emergencies. Locker rooms will not be available for use.
- Participants must leave dressed in swimwear under their clothing and collect all belongings before exiting the facility.

Cooperation & Responsibility

Owatonna Park and Recreation Department

- Distribute and post Covid-19 protocols.
- Train and educate all staff on state/CDC/MDH protocols.
- Provide adequate space for social distancing, as outlined in this document, as applicable to the various phases.

Officials/Coaches

- Follow all state/CDC/MDH protocols.
- Send participants home if they are not feeling well.
- Ensure all participants have their own individual equipment that is needed.
- Ensure activities provide adequate social distancing, as applicable.

Participant

- Ensure clothing is washed after every activity
- Ensure all equipment that is brought to class is sanitized prior to and after classes.
- Notify Recreation Supervisor if someone in your class develops COVID-19 symptoms.
- Supply yourself with individual hand sanitizer.
- Adhere to all social distancing expectations.