

THE CITY OF



OWATONNA

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DATE: March 17, 2020
TO: Mayor and City Council, City Administrator
FROM: Mary Jo Knudson, Wellness Coordinator
SUBJECT: Southeast Service Cooperative Wellness Grant \$3,000

Purpose:

To approve and accept \$3,000 from the Southeast Service Cooperative for wellness initiatives for the 2020 calendar year.

Background:

This program is available to Local Government Health Pool Groups currently in the pool as of January 1, 2020. The group must commit to participate in the Southeast Service Cooperative's Local Government health Insurance Pool for the full 2020-plan year. If a group withdraws from the pool, it forfeits any funding that has not been distributed by the pool.

The City of Owatonna will receive \$3,000. The wellness grant will be used to run programs and events throughout 2020 that are wellness related for city employees.

Budget Impact:

The wellness grant requires an organization match (cash or in-kind) amount equivalent to at least 25% of the amount provided. This will be accomplished by in-kind staff services to run and develop the programs, and the value of staff memberships at West Hills.

Staff Recommendation:

Approve and accept the \$3,000 wellness grant through Southeast Service Cooperative.